

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Theory I  
CODE NO. : PSW101 SEMESTER: 1  
PROGRAM: Personal Support Worker  
AUTHOR: Donna Alexander, Faye Smedley  
DATE: Mar. 2004 PREVIOUS OUTLINE DATED: Sept. 2003  
APPROVED:

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DEAN

\_\_\_\_\_  
DATE

TOTAL CREDITS: 6

PREREQUISITE(S): None

TOTAL COURSE HOURS: 56

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*For additional information, please contact Dean*  
*School of Health and Human Services*  
*(705) 759-2554, Ext. 603/689*

**I. COURSE DESCRIPTION:**

In this course you will learn about the health care system and the roles of its members. You will learn about legalities, rights and responsibilities of the consumers and the health care provider. You will learn how the normal process of aging affects a person's life style. You will explore the process that admits the consumer to the health care system. You will learn how you as a Personal Support Worker or Personal Attendant can provide and promote support for your consumer. Group functioning will be part of your learning along with acquiring skills to promote interpersonal relationships, and methods to resolve conflict and solve problems.

You will acquire skills to maintain an environment that is safe from injury, illness or death.

**II. PROGRAM OUTCOMES:**

1. Care for consumers respecting their individuality, culture, independence, interdependence, and their legal rights.
2. Maintain the role of a Personal Support Worker / Personal Attendant while providing care.
3. Utilize effective communication skills to maintain supportive relationships.
4. Respond to abuse.
5. Provide a safe and comfortable environment.
6. Effectively assist consumers with routine activities of living.

**III. LEARNING OUTCOMES:**

1. Describe the effect of health and stress on a person's life style.
2. Identify the health care system its members, and the services they provide.
3. Describe the consumer as an individual and as a member of a family.
4. Identify the basic needs of all individuals.
5. Describe the process of growth and development
6. Describe the role of the Personal Support Worker / Personal Attendant as a member of the health care team.
7. Explain the rights and responsibilities of the consumer and the PSW / PA.
8. Identify the basic legal issues involved in health care.
9. Determine the affect of culture on individuals and their families.
10. Promote effective working relationships with family members.
11. Describe the normal aging process as it affects physical, psychological, social and spiritual dimensions of the whole person.
12. Explore how the consumer enters the health care system for admission to a facility or to a home care program.
13. Provide optimum support during care.
14. Effectively interact with consumers, their families and visitors to promote a therapeutic relationship.
15. Apply the problem solving process to solve problems and resolve conflicts.
16. Identify personal abilities or skills that promote positive functioning.
17. Describe personal and environmental risk factors that increase the risks of accidents in a home and in health care facilities.
18. Implement measures to reduce injuries in the home and health care facilities.
19. Identify the common causes of fires in the home, and health care facilities.
20. Apply actions to take in the event of a fire in the home or in a health care facility.

**III. LEARNING OUTCOMES:**

21. Recall information pertaining to the Occupation Health and Safety Act and WHMIS training and recognize their relationship to safety in the environment.
22. Identify safety precautions in an environment where oxygen is in use.
23. Describe the importance of having an identified Disaster Plan in a health care facility.
24. Apply common principles of medical asepsis to prevent infection.
25. Differentiate between pathogens and non-pathogens.
26. Identify the methods by which microorganisms are spread in the environment.
27. Identify aseptic measures a PSW / PA should practice in to prevent the spread of microorganisms.
28. Actively promote comfort measures while giving care.
29. Practice safe body mechanics while giving care.
30. Report accidents and accurately complete Incident Reports.

**IV. TOPICS:**

1. Health
2. Stress
3. Health Care system
4. Roles of health care team members
5. Maslow's hierarchy of needs
6. Erikson's theory of growth and development
7. Legal issues as they relate to the health care
8. Rights and responsibilities of consumers
9. Culture
10. Family structure, relationships
11. Illness and disability
12. Aging process
13. Admission process to a facility or community agency
14. Teaching learning
15. Therapeutic communication skills
16. Barriers to therapeutic communication skills
17. Problem solving
18. Conflict resolution
19. Safety hazards in homes and health care facilities
20. Safety measures
21. Incident reports
22. WHMIS
23. Disaster Plan in a health care facility
24. Medical asepsis
25. Oxygen hazards and safety measures

**V. REQUIRED RESOURCES/TEXTS/MATERIALS:**

1. Resource Text
2. Module 1-3 – PSW 101 Study Guide

**OTHER RESOURCES FOR REFERENCE:**

1. Telephone Book
2. Ministry of Health Office
3. Newspaper Articles
4. Magazines
5. Community Cultural Centers
6. Community Religion Centers or Churches
7. Local Fire Department
8. College and Community Libraries
9. Internet

**VI. EVALUATION PROCESS/GRADING SYSTEM:**

Test One	Module One	Units 1-4	25%
Test Two	Module Two	Units 5-10	25%
Test Three	Module Three	Units 11-12	25%
Attendance			15%
Group Work			10%

The pass mark for this course is 50%.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	
A	80 – 89%	4.00
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

**Note:** For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

**VII. SPECIAL NOTES:**

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1101 or call extension 703 so that support services can be arranged for you.

Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Rights and Responsibilities*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

**VIII. PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

**IX. DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.